

March / April 2025

# COMMUNITY CONNECTOR

Bringing news from the City of Leduc to our LATS Clients

## When to book your trip

Did you know that there are periods of the day where LATS is extremely busy? These periods occur first thing in the morning from 8:00 a.m. to 9:30 a.m., over the lunch hour from 11:30 a.m. to 1:00 p.m., and also from 3:30 p.m. to 5:00 p.m. These periods are what we refer to as 'peak periods' where we are the busiest and it can be hard for clients to get trips. If you are experiencing difficulty getting a trip during these periods, please plan your outings between 9:30 a.m. to 11:15 a.m. or from 1:15 p.m. to 3:15 p.m., instead.

We are open Monday and Tuesday evenings and take trips up to 8:30 p.m. on Monday evenings and 8:15 p.m. on Tuesday evenings. Wednesday and Thursday, we take trips until 6:00 p.m. and Friday until 5:30 p.m. We are open both Saturday and Sunday and take trips until 5:00 p.m. both days. Sunday afternoons are typically quiet so consider booking an outing on Sunday as well. With Spring just around the corner, Sunday afternoons would be a wonderful time for a walk around Telford Lake.

As always, the number to call to book your ride is 780-986-7433 or you can book through the Book My Bus app if you have that installed on your smartphone or online at [book.mybus@rideco.com](mailto:book.mybus@rideco.com)

Remember to give yourself the time you need to get to your appointment on time. When booking, **book by the time you want to arrive** at your appointment to ensure you arrive on time.

As we are a shared-ride service, there may be other clients on the bus with you who get dropped off before you, so be sure to allow yourself enough time to get your errands done while out.

You can book trips up to ten days in advance now!



<b>LATS Office</b>	<b>Book a ride</b>	
 780-980-8444	 	
 Transit@leduc.ca	 780-986-RIDE (7433)	
 Leductransit.ca/LATS	 book.mybus.rideco.com	

## Call centre hours are as follows:

Monday to Friday - 5:00 a.m. to midnight

Sat, Sun and Holidays – 6:00 a.m. to midnight

Remember – you can book your LATS rides up to 10 days in advance now so start making your plans and get out and about in Leduc!

# TRANSIT

## >>> SUBSIDY <<<

Receive 50% off of a monthly Leduc Transit bus pass for low-income residents!

- Choose between a local, commuter, or LATS (*if eligible*) bus pass
- Must be a City of Leduc resident
- Must meet income eligibility requirement



For more information:

**780-980-7109**



### Please remember to...

If you are going to be away, please call into the LATS office to suspend your trips. This way a bus is not making an unnecessary trip to your house when you are not there and opens trip times up for others who may need a trip.

If you are cancelling trips on your own, please remember to cancel your return trip as well.



If you would like more information on what a subscription trip is or how to put one in place, please call our office at 780-980-8444 and we would be happy to assist you.



TEST YOUR SKILLS IN SOME OF THE EXCITING COMPETITIONS THAT ARE PART OF THE 55+ GAMES COMING TO LEDUC THIS SUMMER!  
ENJOY FUN COMPETITION, WIN PRIZES, AND CELEBRATE WITH BEER IN A LIVELY ATMOSPHERE.  
ENTER THE TOURNAMENTS OF YOUR CHOICE.  
\*PROCEEDS GO TO THE PROVINCIAL SUMMER GAMES!

**FEB 23 - 2 TO 430PM**  
SCRABBLE TOURNAMENT

**MAR 15 - 4 PM TO CLOSE**  
CRIBBAGE TOURNAMENT & EAST COAST NIGHT

**APRIL 13 - 2 TO 430PM**  
CONTRACT BRIDGE

**MAY 10 - 4 TO 630PM**  
FLOOR SHUFFLEBOARD

**JUNE 8 - 2 TO 430PM**  
CORNHOLE



## TOURNAMENT of CHAMPIONS



4901 50 AVE LEDUC  
To register and info:  
[www.leducbrewing.ca](http://www.leducbrewing.ca)

### 2025 Alberta 55 Plus Provincial Summer Games Update

We've teamed up with the Leduc Brewing Company to put the fun in *FUNdraising!*

Think you've got the skills? Put them to the test at the Tournament of Champions hosted by the Leduc Brewing Company and join the fun while supporting the 2025 55+ Games in Leduc this summer!

- When: March 15, April 13, May 10 and June 8.
- Where: Leduc Brewing Company, 4901 50 Avenue, Leduc AB.

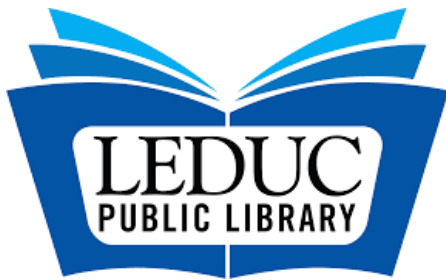
- Why: A fun fundraiser for the 2025 Summer Games
- Cost: \$25

Register now, compete in exciting events, or sign up for all five tournaments!

Register:

<https://www.leducbrewing.ca/upcoming-events>

Interested in learning more about the Provincial Summer Games? Check out our website: <https://leduc55plusgames.ca/> or find us on Facebook and Instagram – Leduc Alberta 55 Plus Games.



**The following ZOOM program is run in partnership with Strathcona County Library:**

**Starting Your Investment Journey**  
**Tuesday, June 24 | 7 – 8 p.m. | ZOOM | Registered**

Investing can be part of a healthy financial future, with the potential for creating additional income. Join us as we explore the benefits of starting your investment journey and learn how to avoid common investing mistakes and fraud. Presented by the Alberta Securities Commission, the regulatory agency responsible for administering the province’s securities laws.

**The following programs will be held at Leduc Public Library:**

**A Journey Through Art History**  
**Saturday, May 10 & 17 | 10:30 – 11:30 a.m. | Registered**

Join us for a two-part art exploration series at the library! Discover the fascinating evolution of art schools, from Renaissance Classicism to modern movements like Surrealism and Abstract Expressionism and uncover how these styles continue to inspire creativity today!

**Coffee Hour for Older Adults**  
**Wednesday, April 9, May 14 & June 11 | 1- 2 p.m. | Drop-in**

Play games, chat with new or old friends, bring your knitting ... it’s your choice! We welcome older adults to this relaxed program for a chance to take time and just enjoy!

**Outreach Services**

Outreach Services is a convenient service that supplies books, large print books, audio books, Daisy books, DVDs, and other library materials to people who are unable to use the library due to temporary or long-term physical and medical disabilities. Library staff or volunteers will deliver books to your home and pick them up once a month.

Please call 780-986-2637 or **email** Kristi at [kwillman@leduclibrary.ca](mailto:kwillman@leduclibrary.ca) for more information.

**To register, call 780-986-2637, stop by the Information Desk or use our website [leduclibrary.ca](http://leduclibrary.ca) under Programs & More...**



The Maclab Centre for the Performing Arts has lots of creative productions going on. You can check it out at [www.maclabcentre.com](http://www.maclabcentre.com)

- **Wednesday, March 12 – Black Gold Student Concert Band Showcase**  
\$12– 7:30 pm

[https://tpromaclab.ticketpro.ca/en/pages/Maclab\\_BlackGold?aff=maclab](https://tpromaclab.ticketpro.ca/en/pages/Maclab_BlackGold?aff=maclab)



- **Friday, March 14 – Morgan Toney –**
- \$36 – 7:30 pm

<https://maclabcentre.com/performances/morgan-toney/>

- **Sunday, March 16 – SNAFU – The Baby Tyler Show** – FREE, Family Series - 2 pm

[https://tpromaclab.ticketpro.ca/en/pages/Maclab\\_SNAFU?aff=maclab](https://tpromaclab.ticketpro.ca/en/pages/Maclab_SNAFU?aff=maclab)

- **Wed, March 26 – Leduc Drama Society** presents: Your Voice Matters  
\$12 –7:30 pm

<https://maclabcentre.com/performances/leduc-drama-society/>

\* This production contains mature and sensitive situations/themes, which may be triggering for some viewers. Viewer discretion is advised.

- **Wed, April 30 – Shelley Jones – Songs from Burt Bacharach**  
\$12 – 7:30 pm

[https://tpromaclab.ticketpro.ca/en/pages/Maclab\\_ShelleyJones?aff=maclab](https://tpromaclab.ticketpro.ca/en/pages/Maclab_ShelleyJones?aff=maclab)

- **Sat, May 3 – Kaeley Jade & Asiah Holm** - \$18 - 7:30 pm
- **Sun, May 4 – Will’s Jams** – FREE, Family Series – 2 pm

[https://tpromaclab.ticketpro.ca/en/pages/Maclab\\_WillsJams?aff=maclab](https://tpromaclab.ticketpro.ca/en/pages/Maclab_WillsJams?aff=maclab)



- **Wed, May 14 – River City Big Band** - \$12 – 7:30 pm

[https://tpromaclab.ticketpro.ca/en/pages/Maclab\\_RCBB?aff=maclab](https://tpromaclab.ticketpro.ca/en/pages/Maclab_RCBB?aff=maclab)

For more information on events happening at the Maclab Centre for the Performing Arts, contact the Maclab Centre at 780-980-7170.



## It's a wrap!

- 1 package tortillas – any flavour
- ½ cup whipped cream cheese or use Boursin cheese
- Cheddar or gouda cheese slices
- Baby greens such as arugula, baby spinach or micro greens like pea shoots
- Thinly sliced cucumbers
- Thinly julienned carrot sticks
- 4-6 ounces of smoked salmon, tuna, rotisserie chicken or leftover roast beef
- Sliced avocado – soaked in fresh lemon juice
- Finely sliced red onions
- Tomato slices
- Thinly sliced red and green peppers
- Mustard
- Aloi of your choice
- Mayonnaise

Lay the wraps on a bread board and spread with the cream cheese. Layer the other ingredients of your choice on top of the cheese. Roll and slice. Enjoy!



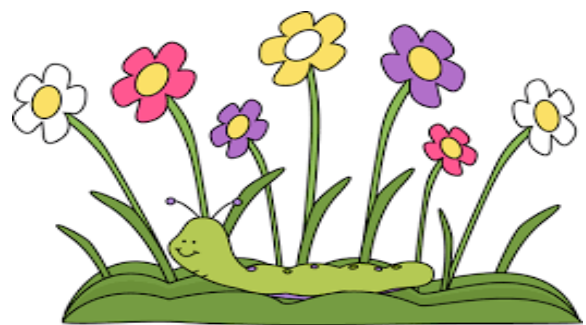
## What did the dirt say to the rain?

You'd better cut it out,  
or my name will be  
mud!



## 20 fun things to look forward to this Spring

1. Birds singing
2. Sunlight into the evening hours
3. Hot cross buns at Easter
4. Easter egg hunts
5. Spring flowers
6. Baby animals
7. Budding trees
8. Smiling faces
9. Enjoying the outdoors
10. Wearing sandals
11. Warmer weather
12. Fresh air
13. Freshly cut grass
14. Happiness everywhere
15. Exercising outdoors
16. Summer holidays
17. Sitting around the firepit
18. Gardening
19. Camping on the weekends
20. Hosting a barbeque



## Spring ahead to daylight savings time

Sunrise and sunset will be about one hour later on Sunday, March 9, 2025, than the day before. This means there will be more light in the evening and less light in the morning,

## Older adult support

The Older Adult Services Program provides information on services and programs for seniors and families caring for older adults within the City of Leduc. **For more information, please contact Older Adult Services at 780-980-7109.**

### What are some of the reasons to call Older Adult Services?

- You need assistance with completing forms for government programs
- You have concerns associated with aging and care giving
- You need assistance with developing new programs for older adults
- You are looking for information about city programs, and federal and provincial benefits for seniors
- You need information about emergency services, health support groups, community medical services, or safety

## Seniors Outreach

Seniors Outreach provide information on programs and services for seniors and families caring for seniors. One-on-one support is available to connect seniors, and adults with disabilities, to community resources.



## Enhance your safety knowledge

The City of Leduc's Fire Services team offers public education programs year-round for schools, seniors, community groups, clubs, and more! From fire safety and emergency preparedness to injury prevention and evacuation planning, our team is here to help keep you informed and prepared. Empower your group with life-saving knowledge by booking a fire safety presentation:

- [www.Leduc.ca/FireEducation](http://www.Leduc.ca/FireEducation)
- 780-980-8475



## A lesson in history...

The first train on the Calgary/Edmonton line came into Leduc station on July 9, 1891, opening the region to settlement.

