

LATS NEWS

Leduc Assisted Transportation Services



LeducTransit.ca

December 2020

Welcome to LATS!

We are happy to provide transportation services to our clients in Leduc. As many of you know, we have several, wonderful businesses, who sponsor some of the trips you take to their locations. Beginning December 7th, the City of Leduc is enhancing the LATS service and will cover the cost of your one-way trip from the Leduc Recreation Centre (LRC) and the Eco Station.

The LATS fixed-route Shuttle service, will add two new stops beginning December 7th. After the hospital stop, the Shuttle will stop at Connect Crossing and then onto the Leduc Recreation Centre.

An updated route map and schedule are included in this newsletter. Rides on the Shuttle are \$4 each way unless you are riding to a sponsored location. Beginning December 7th, the Shuttle will run Monday to Friday from 9:00 a.m. to 3:10 p.m.

If you need further information, please feel free to call the LATS office at 780-980-8444.

For your Safety

LATS continues to put new measures in place to keep our team and our clients safe during this pandemic. We routinely clean the interior touch-points throughout the day. Our team takes your safety very seriously and this has been especially true during COVID-19.

Currently, when you call into LATS to book your ride, you are asked some pre-screening questions to ensure you are healthy before you ride with us. Additionally, if you are a regular

subscription holder, you will now receive a pre-screening call prior to your scheduled trip. As a passenger, it is your responsibility to ensure that you ride only if you are healthy and are not exhibiting any Covid-19 symptoms.

Common core symptoms are:

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

If you have any of these other symptoms, you should stay home and limit contact with others until your symptoms are gone:

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

Monitor your health and call Health Link 811 or your health care provider if you have questions.

When you board a LATS bus you will be asked to wear a mask and if you do not have one, the Operator will provide you with one. Hand sanitizer is also available as soon as you board our buses.

To book your ride call 780-986-5000 and choose option 2.

- **For Monday trips** – Call Friday, Saturday (any time), or Sunday (before noon)
- **For Tuesday trips** – Call Saturday, Sunday (any time), or Monday (before noon)
- **For Wednesday trips** – Call Sunday, Monday (any time), or Tuesday (before noon)
- **For Thursday trips** – Call Monday, Tuesday (any time), or Wednesday (before noon)
- **For Friday trips** – Call Tuesday, Wednesday (any time), or Thursday (before noon)
- **For Saturday trips** – Call Wednesday, Thursday (any time), or Friday (before noon)
- **For Sunday trips** – Call Thursday, Friday (any time), or Saturday (before noon)

Ride with LATS on weekends

We are happy to bring you some great news and the opportunity to **book trips again on Saturdays and Sundays**. To book rides for either of these days, you can call up to three days in advance by calling 780-986-5000, option 2.

Weekend hours of service are from 9:00 a.m. to 5:00 p.m.

Premium Outlook Mall

Did you know that you can book a ride on LATS to go to the Premium Outlook Mall and Costco now? Yes, you can. LATS offers service to both locations on Tuesdays and Thursdays between 10:00 a.m. - 2:00 p.m., to assist you with your shopping needs. To book your ride, call 780-986-5000, (option 2).

Cancelling a Ride

If you are not going to use a trip that you have booked on LATS, please remember to cancel your ride. Your cooperation assists the booking and scheduling team at Edmonton DATS and helps fellow riders to be able to book the trips they need.

No-Shows or cancellations at the door cause LATS to make unnecessary trips.

Safety Tips for the Fall/Winter

This is the time of year when we need to take extra precautions to ensure we are safe and warm. Make sure that you have everything you need when stepping outdoors and onto the bus. What you wear impacts how the cold weather can affect you. Ensure you are equipped with the appropriate attire such as boots, gloves, a hat and a warm coat and of course, your mask!

Plan ahead and remember that sometimes the winter weather can cause delays due to road conditions, heavy snow, ice, traffic, etc. Please be patient if your bus is delayed.

Be cautious when you board the bus, especially in snow covered areas. The stairs and aisles can become slippery when wet so use extra caution. Try to clean the snow off of your boots or shoes before boarding to avoid slips and falls.

Ensure that your home sidewalks are kept clear of snow and ice so that you don't slip and fall. Safety first!

When traveling at night, turn your porch light on so that both you and the driver can see the walkway.

Be visible – carry a small blinking flashlight or have something reflective or light coloured on, so that you can be easily seen in the dark.

Remember to be respectful of your driver. They are doing their very best to get you to and from your destinations safely, no matter what the weather conditions are.

Just for Fun



What am I?

I follow a route five days of the week to take you here and there. The wheels on me go round and round. I am a type of ride-share.

A: I am the Shuttle ©



Things that make you smile

C F R I E N D S H I P B L L X
 R P C O O K I E S T N A F O C
 A I G F T I H H V E A B L V Q
 F C D L R N U U X L I O E C
 T N J A A D M G G E A E W R H
 I I Y U V N M S A R R S E A O
 N C C G E E I M R C E C R I C
 G S U H L S N O D I A A S N O
 S F D T M S G U E S D N U B L
 U A D E U L B N N I I O N O A
 N I L R S X I T I N N E S W T
 R T E H I Y R A N G G I H S E
 I H S O C U D I G N Y N I J N
 S U N S E T S N W R S G N B C
 E F A M I L Y S S U M M E R C

hummingbirds	exercising	friendship	gardening
chocolate	mountains	kindness	canoeing
crafting	rainbows	sunshine	cuddles
picnics	laughter	travel	sunset
family	reading	flowers	cookies
sunrise	babies	summer	music
faith	hugs	love	

Yummy Chicken and Biscuit Stew

- 2 cups cooked and chopped chicken meat
- 1/4 cup butter
- 1/3 cup flour
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 1/2 teaspoon tarragon
- 1 can cream of mushroom soup
- 3/4 cup milk
- 1 cup cooked peas
- 1 cup cooked chopped carrots
- 1/2 cup finely chopped sweet onion
- 1 package refrigerated biscuits

Directions:

In an oven-proof skillet, sauté the onions in the butter until tender. Stir in the flour, salt, pepper and tarragon. Add the mushroom soup and the milk and mix well. Cook and stir until thickened and bubbly, about 2 minutes. Add the chicken, peas and carrots and mix well. Open the tube of biscuits, separate the biscuits and arrange them over the stew. Bake at 375 degrees until the biscuits are golden brown, about 20-25 minutes.

Start each day with a grateful heart ❤️

Seniors’ Centre Without Walls - A seniors’ centre from the comfort of your own home! Join us for a variety of interactive telephone-based social and health programming, free of charge. Provides opportunities to socialize, learn new skills and stay connected. New series of participant-selected topics every four months. Project funded in part by the Alberta Ministry of Seniors and Housing’s Aging Well in Community Grant. To register, please call 780.395.2626. Open to seniors aged 55+ living anywhere in Alberta with our toll-free line – no referral necessary.

Shuttle Changes Effective - Monday, December 7, 2020



The City of Leduc is closed on:

- Christmas Day – December 25
- Boxing Day – December 26
- Monday, December 28
- New Year's Day – January 1

The City of Leduc will close at 3:00 p.m. on:

- Christmas Eve -December 24
- New Year's Eve -December 31

Do you need a ride to the ECO Station? LATS can provide you with a ride! Why are we doing this for our clients? The City of Leduc wants to make recycling accessible to residents, so that these items can be diverted from the landfill.

You will be required to pay your trip to the ECO Station and the City of Leduc will cover the cost of your ride home from the ECO Station, which is a savings of \$4 for your one-way trip. When you book to go to the ECO Station, remember to book a 'two-way' trip. The bus will wait while you dispose of your items with direction from the ECO Station attendant.

LATS clients are limited to two bags of recycling on the bus. Both bags must be able to fit under your seat. Please have your items sorted and ready for disposal prior to getting onto the bus. **Please note: LATS will not accept: large electronics, tires, wet leaves, grass clippings or items that have been decomposing and may have an odor on the bus.** Items accepted must be able to be secured properly for safety reasons. If you are unsure of what you can bring on the bus, please call us ahead of booking your ride at 780-980-8445.

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	Planeview	Westgrove	Summit Court/Square	Civic Centre/Library	Hospital	Connect Crossing	Leduc Rec Centre	Goldage	Salem Mews	49th Ave Downtown	City Centre Mall	Coop	2nd Glance	Safeway	Giant Tiger	Dollarama
Run 1	9:00	9:02	9:06	9:08	9:12	9:14	9:17	9:21	9:23	9:27	9:30	9:34	9:36	9:40	9:42	9:43
Run 2	9:47	9:49	9:53	9:55	9:58	10:00	10:03	10:07	10:09	10:13	10:16	10:20	10:22	10:26	10:28	10:29
Run 3	10:33	10:35	10:39	10:41	10:44	10:46	10:49	10:53	10:55	10:59	11:02	11:06	11:08	11:12	11:14	11:15
Run 4	11:21	11:23	11:27	11:29	11:32	11:34	11:37	11:41	11:43	11:47	11:50	11:54	11:56	12:00	12:02	12:03
Run 5	12:07	12:09	12:13	12:15	12:18	12:20	12:23	12:27	12:29	12:33	12:37	12:41	12:43	12:47	12:49	12:50
Run 6	12:54	12:56	1:00	1:02	1:05	1:07	1:10	1:14	1:16	1:20	1:23	1:27	1:29	1:33	1:35	1:36
Run 7	1:40	1:42	1:46	1:48	1:51	1:53	1:56	2:00	2:02	2:06	2:09	2:13	2:15	2:19	2:21	2:23
Run 8	2:27	2:29	2:33	2:35	2:38	2:40	2:43	2:47	2:49	2:53	2:57	3:01	3:03	3:07	3:09	3:10