May-June 2022 COMMUNITY CONNECTOR

Bringing news from Leduc Family & Community Support Services and Leduc Assisted Transportation Services to Seniors and LATS clients

LATS Shuttle Schedule Changes Coming June 6!

The important details:

Starting June 6, 2022, you will need to schedule your ride before your trip as the Shuttle will no longer operate.

Service hours are expanding to:

- Monday Friday, 8:15 a.m. 9:00 p.m.
- Saturday Sunday, 9:00 a.m. 5:00 p.m.

LATS pricing has been reduced to:

- > \$55 Monthly Pass (unlimited rides)
- > \$18 Ticket Books (10 one-way trips)
- \$2 one-way fare
- > FREE: Canadian National Institute for the Blind (CNIB) pass holders

How to book your trip:

- By phoning Edmonton DATS* at 780-986-5000, and choose "option 2"
- Online through the Edmonton DATS web page (you need to register for an online account by calling above number)

*The City of Leduc contracts Edmonton DATS for booking, scheduling, and dispatch services.

When booking your trip, please have your:

- > LATS client number
- Pickup time and location
- Where you want to be dropped off
- If needed, you will have to book your return trip at this time as well

Why the change?

In an effort to provide LATS riders with better service, LATS is moving to an on-demand schedule. What does this mean for you? It means LATS will come to you whenever you need a ride! Just schedule your LATS ride up to 3 days ahead of time and the shuttle will meet you at your residence to take you where you need to go.

Moving to an on-demand service has allowed LATS to greatly reduce the cost of its passes and expand its service hours during evenings and weekends. The important services that LATS provides will be more accessible to the people who need it most.







Taking a ride to one of LATS's sponsor locations? Not to worry, the sponsors will still cover the cost of your fare but you will still need to schedule your ride ahead of time.

Do you take the same trip regularly? You can pre-schedule your trips well into the future so that the LATS bus shows up exactly when and where you need it to without having to book every single ride.

For more information, visit www.LeducTransit.ca/lats or call Edmonton DATS at 780-986-5000, and choose "option two."







For Monday trips — Call Friday, Saturday (any time), or Sunday (before noon).

For Tuesday trips – Call Saturday, Sunday (any time), or Monday (before noon).

For Wednesday trips – Call Sunday, Monday (any time), or Tuesday (before noon).

For Thursday trips – Call Monday, Tuesday (any time), or Wednesday (before noon).

For Friday trips – Call Tuesday, Wednesday (any time), or Thursday (before noon).

For Saturday trips – Call Wednesday, Thursday (any time), or Friday (before noon).

For Sunday trips – Call Thursday, Friday (any time), or Saturday (before noon).

To book a ride, call DATS Customer Care at 780-986-5000 or

780-496-4567 and select option 2.

To cancel a ride, call DATS Customer Care at 780-986-5000 or

780-496-4567 and select option 2







Holiday Closures

The City of Leduc is closed on the following statutory holidays:

- Victoria Day Monday, May 23, 2022
- Canada Day, Friday, July 1, 2022



Just for fun...

1. Question: "What do monsters play when they are on the bus?"

Answer: "Squash!"

2. Question: "Why did the bat miss the bus?"

Answer: "Because he was hanging around for too long!"

3. Question: "How do eels get around the seabed?"

Answer: "They go by octobus!"



Travel Training for LATS Clients

LATS offers travel training on an individual basis and in small group



settings. Any individual or organization that would like to learn to ride with us or would simply like a refresher, is welcome to request training by calling Maureen at 780-980-8445. This service is free and includes the following:

- meet and greet with Maureen and our friendly operator – Tim
- learn how the bus lift works
- · see what the inside of the bus looks like
- learn what the operator will assist you with
- learn what the procedures are in the event of an emergency
- understand what type of carry-on is allowed
- learn how and where to purchase fare products
- learn how to book or cancel your trip
- enjoy a short ride around Leduc

Going on Vacation?

If you are a LATS client with a ride subscription in place and are planning to be away for an extended period of time this summer, please remember to call into Edmonton DATS at 780-986-5000, option 2 and ask them to suspend your subscription until you get back. DATS will ask you when you would like your subscriptions to resume so that they are there for you upon your return.

Respite Care

If you are going to be staying with another caregiver for short-term stays, please call our office so that we know where to pick you up and drop you off. You will also need to notify Edmonton DATS with the dates you will be staying at your respite caregiver's home. Call the LATS office at 780-980-8444 and Edmonton DATS at 780-986-5000, option 2.







A look into the past... Leduc's first drugstore and check out that snazzy bus!



Leduc Public Market City Centre Mall

Thursday - 10:00am-2:00pm

For info call Betty @ 780-916-1845

Leduc Farmers Market

Opening May 19 for the 2022 season.

We will be located at the LRC again this year and open Thursdays and Saturdays, 10am-1:30pm.

Seniors' Week 2022: June 6 - 12

2022 marks the 36th anniversary of Seniors' Week in Alberta. Seniors Week is an opportunity for Leduc residents of all ages to join together and celebrate the valuable contributions of older adults to our Community. Each and every day seniors make a difference - whether it is in the arts, culture, sports or the Community.

Seniors support and care for family members and friends, volunteer their time and expertise to many different organizations and events. Their contributions are many and varied, but each and every member of our society benefits in one way or another. Because of

their time, their talent and their life experiences, seniors' contributions are at the very heart of many community programs and charitable organizations. Leduc values each and every senior member of our Community. In Leduc during this week there will be some events happening to help celebrate the contributions seniors have made to the Community. This special week encourages all of us to come together to recognize how important seniors are every day in every community.

Find your own unique way to celebrate the seniors in your life. However, you choose to express your gratitude, will give the message that we value and appreciate our older Canadians. Seniors represent a tremendous skilled resource and are a very valuable segment of our population. They are active; they are volunteers; they have the time and ability to participate and they have the wisdom.

"In the circle of life, Respect and gratitude are due by juniors to seniors and viceversa at any given level; for the juniors to get inspired by the seniors, for the seniors to get reminded of their accomplishments."

"~~Master Kwon

For information about what is happening this week, call Diane at 986-6160 or Lucrecia at 780-980-7115.





Recipe Corner

Strawberry Citrus Salsa

- 1 pint of strawberries, washed and sliced
- 1 large navel orange, peeled and chopped
- 1-2 jalapeno peppers, washed and sliced
- 1 green onion, washed and thinly sliced
- Juice and zest of ½ a lime or ½ a lemon
- 1 tablespoon honey
- Salt and pepper to taste

Method:

In a medium bowl, mix the lime or lemon juice with the honey. Add all the other ingredients and gently toss until combined.

This delightful little bit of sweet heat goes with just about anything from tortilla chips to chicken tacos and even tastes great on a bowl of vanilla ice cream.



'Surround yourself with all the things that make you smile'



Leduc and District Senior Centre (Telford House)

The Leduc & District Senior Centre provides programs and activities to enhance seniors' life styles. These include floor curling, sturling, bridge, canasta, crib, euchre, painting, stained glass classes, choir and a lunch program. The facility is also used to promote health care issues such as Parkinson's support meetings and as a casual drop-in for seniors to meet socially.

Exerci		
	ses	
Monday, Wednesday & Friday	10-11 am	
(Wednesday- Yoga/Wellness)		
Sturli	<u> </u>	
Thursday	1:00 pm	
Bridg		
Tuesday (Duplicate Bridge)	9:00 am	
Wednesday (Duplicate Bridge)	7:00 pm	
Thursday <i>(Drop In)</i>	1:00 pm	
Canas		
Monday	7:00 pm	
Curlii	•	
Monday <i>(League Event)</i>	1:00 pm	
Wednesday (League Event)	1:00 pm	
Knitti	ng	
Thursday	9:30 am	
Lunc	ch care	
Thursday	11:30 am (served)	
Cribba	nge	
Tuesday	1:00 pm	
Thursday	7:00 pm	
Euch	re	
Friday	1:00 pm	
Guita		
Monday (Jam Session)	7:00 pm	
Wednesday (Lessons)	1:00 pm	
Painti		
Wednesday	9:00 am	
NEW ACTI		
Music :		
1 st Tuesday of the Month	1:30 pm – 4 pm	
3 rd Tuesday of the Month	1:30 pm – 4 pm	
COMING L		
Music in the Park*		
*East of the building. Bring your own chairs and drinks		
Thursday	1 pm – 4 pm	
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CONSTRUCTION ---UPDATES---





Construction season is here, Leduc!

See if work is planned in your neighbourhood or along your commute online at **✓ LEDUC.CA/CONSTRUCTION**

These projects are vital to the quality of life and continuous growth of our community.

We appreciate everyone's understanding, patience, and cooperation.



engineering@leduc.ca



780-980-7107



Leduc Public Library

Upcoming Library Programs:



Vacation on a Budget

Registered

Participants will learn a variety of ways to save money while planning and going on vacation so they can have fun without worrying about money. Presented by the Credit Counselling Society.

Date	Time P	latform
Thurs, May 19	7 - 8 p.m.	ZOOM

Older Adult Falls Prevention Registered

Come to the library for this interactive workshop which will explore the risks of falling, provide strategies for reducing falls, and instruct on balance-developing activities that participants can use to reduce future falls. Cookies, tea and coffee to be provided.

Date	Time
Tues, May 17	1-2 p.m.

Glass Bead Suncatcher Kit Registered Pick-up

Make yourself this nature suncatcher and enjoy it all summer long as the light dances off the glass beads.

Pick-up Dates	Ages
May 16 - 29	12 - 120

Kits not picked up after the dates listed will be released to other members of the community.

Kindness Rock Kit Registered & Pick-up

Join the fun in creating colourful rocks to share with your community! Draw a picture, write your favourite quote, or choose your own inspirational words to put on these rocks. Once finished, hide them in your favourite park for another person to find!

Pick-up Dates	Ages
un 13 - 26	12 - 120

Kits not picked up after the dates listed will be released to other members of the community.

Online Adult Book Club Registered

Do you love to read and talk about books? Read the following books and join the discussion on Zoom! Please note that participants must acquire and read their own book prior to the discussion. Library books, eBooks, and audio books are available through TRAC.

Tuesday, May 31 *Indian Horse* by Richard Wagamese
6:30 - 7:30 p.m ZOOM

Tuesday, Jun 28 TBA 6:30 - 7:30 p.m. *ZOOM*

Adult Book Club at the Library Drop-in

Wonderful, lively discussion inspired by thought provoking books.

Thurday, May 19

Eleanor Oliphant is Completely Fine by
Gail Honeyman
6:30 p.m.

Thursday, Jun 16
Whistling Past the Graveyard by Susan
Crandall
6:30 p.m.

Three ways to register:

Online: leduclibrary.ca
Phone: 780-986-2637
In-Person: Visit the library